

# ULSCR ANNUAL EVENTS

As well as the weekly practices & service ringing we have these events!

- **Oct:** Freshers' Reception  
Freshers' Tour  
Freshers' Pub Crawl  
London 12 Bell Competition
- **Nov:** Southern Universities Association Weekend (in London) & Annual Dinner - social highlight of the year!
- **Dec:** Christmas carols on hand bells (great fun) & London Christmas service
- **Jan:** Winter Tour  
Quarter Peal Weekend
- **Feb:** Peal Weekend  
Pancake Party
- **April:** Easter Tour
- **June:** Treasure Hunt & Picnic - perfect end of exam celebration / revision break!
- **July:** Early Summer Tour
- **Aug/Sept:** Summer Tour: a week long tour!



**INTERESTED? [ULSCR.ORG.UK](http://ulscr.org.uk)**

Come along to any Thursday practice. Make sure you check our calendar in case we are practicing elsewhere: [ulscr.org.uk/calendar/](http://ulscr.org.uk/calendar/)! If you haven't rung before, an experienced trainer will be on hand so you can give it a go!

- **Website:** [ulscr.org.uk](http://ulscr.org.uk)
- **Email:** [committee@ulscr.org.uk](mailto:committee@ulscr.org.uk)
- **Facebook:** [facebook.com/groups/ulscr/](https://www.facebook.com/groups/ulscr/)
- **Twitter:** [twitter.com/ulscr](https://twitter.com/ulscr)



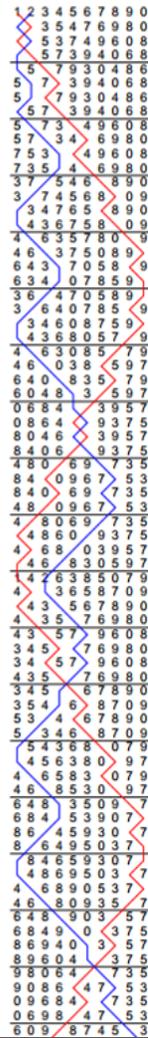
# The University of London Society of Change Ringers



**[ulscr.org.uk](http://ulscr.org.uk)**

# WHAT IS BELL RINGING?

- Bell ringing or change ringing is the art of ringing bells rhythmically in a series of patterns called "changes".
- Groups of "changes" are known as methods this is like a piece of music we learn off-by-heart (see right).
- There are about 40,000 bell ringers in the UK! Ringing is a very social & friendly team activity which introduces you to a global group of friends!
- You don't need to be strong or good at maths. A good sense of rhythm helps a little.
- Bells hung for change ringing are controlled by the ringer from below using a long rope and wheel.
- Bell ringing can be physically & mentally challenging, but it doesn't matter how long it takes you to learn. Even as a beginner you become a valuable part of the team.
- You don't have to be Christian or go to church to ring.
- Bells usually weigh between 1 cwt (50kg) and 4 tons (4,000kg) and are made from an alloy of copper & tin.
- Change ringing has a great history & started to develop in the early 17th century.
- Rings of bells are usually called peals, but the word "peal" also means when 5,000 or more different changes are rung non-stop. A peal takes about three hours to ring!



# WHAT IS THE ULSCR? [ULSCR.ORG.UK](http://ULSCR.ORG.UK)

The ULSCR was founded just after the end of WWII with the objectives being the promotion of the art & science of change ringing in the University of London & ringing for church services.

Membership is open to all past/present members & employees of any institution or college in London. All abilities welcome!

There are 8 bells at Hart Street & the heaviest bell weighs 12 cwt. We ring for services at St Olave's on the 1st & 3rd Sunday of each month & have regular quarter peals at different churches on Sunday afternoons.

Every month we try to have one practice away from Hart Street to gain experience on higher numbers.

- **Home Tower:** *St Olaves, Hart St.*
- **Service:** *1020-1100 (1st/3rd Sundays) - followed by breakfast!*
- **Practice:** *Thursday 1900-2030 (term time) - followed by pub!*

ULSCR welcomes all ringing abilities (we also train from scratch) & our active social calendar includes: a wide range of tours, treasure hunts, picnics, hand bells, competitions, peal/quarter weekends, theatre trips, concerts, parties, dinners, Ringing World infiltration and lots more!!

